

Grilled Raspberry Glazed Chicken

½ cup raspberry jam

1 T Dijon Mustard

6 Chicken breasts

1 ½ cup raspberries – optional

Heat Grill. Mix jam and mustard. Grill chicken over medium heat for 10 min. Then grill 15 to 20 min. brushing occasionally with jam mixture and turning once Cook until done 170 degrees

Can serve with raspberries

<http://www.lincolntent.com/GFCF-Poultry.html>